

## OCTOBER 2024 \* Caregiver Connection Sessions

DATE	TOPIC
<b>10/2</b> <b>Wednesday</b> 12:30 pm – 4:30 pm <b>4HRS</b>	<b>Caregiver Core Training:</b> Policy and Procedures Review, Understanding Boundaries and Customer Service- <b>HANDS ON: ADLs, Universal Precautions, Gait Belts Transfer, Hoyer Lift, Bed Baths.</b>
<b>10/9</b> <b>Wednesday</b> 12:30 pm – 4:30 pm <b>4 HRS</b>	<b>Guest Presenters:</b> <b>Mission Home Health   Hospice</b> <b>How to Cope with Grief During the Holidays</b> Compassionate Communication for Seniors After Loss of a Spouse
<b>10/16</b> <b>Wednesday</b> 12:30 pm – 4:30 pm <b>4HRS</b>	<b>Care Essentials:</b> Food Safety for Caregivers, the Importance of Nutrition in the Elderly, Recognizing and Supporting Clients with Mobility Issues Understanding Common Seasonal Illnesses, and How to Care for Our Clients During this Time
<b>10/23</b> <b>Wednesday</b> <b>Session 1</b> <b>12:30 pm – 2:00 pm</b> <b>Session 2</b> <b>2:30 pm – 4:30 pm</b>	<b>Care Essentials:</b> <b>Virtual Dementia Tour &amp; Discussion</b> Caregivers can schedule for Session 1 or 2  The Virtual Dementia Tour® (VDT®) is a scientifically proven method that builds sensitivity and awareness in individuals caring for those with dementia by temporarily altering participants’ physical and sensory abilities. This evidence-based program simulates changes associated with cognitive decline.  The tour is approximately 8 minutes, and the debriefing is 25 minutes.  Call the office to sign up and get the details and instructions for your VDT Tour! If you cannot attend this month, don’t worry! The tour is scheduled for the last Wednesday of every month.
<b>10/30</b> <b>Wednesday</b> 12:30 pm – 4:30 pm <b>4HRS</b>	<b>Caregiver Core Training:</b> Policy and Procedures Review, Understanding Boundaries and Customer Service- <b>HANDS ON: ADLs, Universal Precautions, Gait Belts Transfer, Hoyer Lift, Bed Baths.</b>

Shannon Sawicki  
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## NOVEMBER 2024 \* *Caregiver Connection Sessions*

DATE	TOPIC
<b>11/6</b> <b>Wednesday</b> 9:30 am – 1:30 pm <b>4HRS</b>	<b>Caregiver Core Training:</b> Policy and Procedures Review, Understanding Boundaries and Customer Service <b>HANDS ON: ADLs, Universal Precautions, Gait Belts Transfer, Hoyer Lift, Bed Baths.</b>
<b>11/13</b> <b>Wednesday</b> 9:30 am – 1:30 pm	<b>Caregiver Appreciation Day!</b>
<b>11/20</b> <b>Wednesday</b> 9:30 am – 1:30 pm <b>4 HRS</b>	<b>Care Essentials:</b> How to Recognize Sudden Illness: First Aid Review, Understanding Shingles in the Senior Population
<b>11/27</b> <b>Wednesday</b> <b>Session 1</b> <b>9:30 am – 1:00 pm</b> <b>Session 2</b> <b>2:30 pm – 4:30 pm</b>	<b>Care Essentials:</b> <b>Virtual Dementia Tour &amp; Discussion</b> Caregivers can schedule for Session 1 or 2  The Virtual Dementia Tour® (VDT®) is a scientifically proven method that builds sensitivity and awareness in individuals caring for those with dementia by temporarily altering participants’ physical and sensory abilities. This evidence-based program simulates changes associated with cognitive decline.  The tour is approximately 8 minutes, and the debriefing is 25 minutes.  Call the office to sign up and get the details and instructions for your VDT Tour! If you cannot attend this month, don’t worry! The tour is scheduled for the last Wednesday of every month.

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## DECEMBER 2024 \* *Caregiver Connection Sessions*

DATE	TOPIC
<b>12/4</b> <b>Wednesday</b> 9:30 am 1:30 pm <b>4HRS</b>	<b>Caregiver Core Training: HANDS ON</b> Policy and Procedure Review, Understanding Boundaries and Customer Service- <b>HANDS ON:</b> ADLs, Universal Precautions, Gait Belts Transfer, Hoyer Lift, Bed Baths.
<b>12/11</b> <b>Wednesday</b> 9:30 am 1:30 pm <b>4HRS</b>	<b>Care Essentials:</b> Understanding Common Seasonal Illnesses, and How to Care for Our Clients During this Time, UTIs: Causes and Prevention, FALLS: What You Should Know!
<b>12/18</b> <b>Wednesday</b> 9:30 am 1:30 pm <b>4HRS</b>	<b>Care Essentials:</b> <b>Virtual Dementia Tour &amp; Discussion</b> Caregivers can schedule for Session 1 or 2  The Virtual Dementia Tour® (VDT®) is a scientifically proven method that builds sensitivity and awareness in individuals caring for those with dementia by temporarily altering participants' physical and sensory abilities. This evidence-based program simulates changes associated with cognitive decline.  The tour is approximately 8 minutes, and the debriefing is 25 minutes.  Call the office to sign up and get the details and instructions for your VDT Tour! If you cannot attend this month, don't worry! The tour is scheduled for the last Wednesday of every month.

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