

FOR IMMEDIATE RELEASE

July 15 2015

CONTACT: Larry Miramontes lmiramontes@abc-seniors.com 916-596-1825

Always Best Care® Expands With 7th Senior Care Franchise in Texas

Roseville, CA (July 15, 2015) — Always Best Care® Senior Services, one of the leading senior care franchise systems in the United States, today announced it has awarded its newest and 7th franchise in Texas. Always Best Care of Central Houston covers the greater Houston area, and joins existing offices in Dallas, Houston, Austin Spring, Katy and Fort Worth.

Always Best Care is one of the nation's leading providers of non-medical in-home care, assisted living placement services and skilled home health care. The company delivers its services through an international network of more than 200 independently owned and operated franchise territories throughout the United States.

The new Always Best Care franchise is owned and operated by Brian Nguyen and Dr. Sherman Yu.

"I am very pleased to welcome Brian Nguyen and Dr. Sherman Yu as our newest franchisee owners," said Michael Newman, founder and Chief Executive Officer of Roseville, CA-based Always Best Care. "Collectively, they have an impressive background and bring a wealth of expertise and business experience. I am very proud to welcome them both to the Always Best Care Family."

"We are very pleased to be awarded the Always Best Care franchise," said Nguyen and Yu. "Our vision, simply put, is to provide quality, dependable and compassionate care for inhome non-medical clients and top tier placement assistance with assisted living communities. We will promote wellness and preventive care by creating care plans for our clients. We'll do all this with the utmost compassion and highly competent and professional staff and caregivers."

Mr. Nguyen started his career at Intel as a computer programmer. He then worked for several Fortune 500 companies such as Dell, Accenture and FedEx in various information technology roles. Brian started his own business in 2004 by becoming the first franchisee to start Massage Envy Spa. Brian graduated high school at JF Dobie in Houston, TX, and then earned his Bachelor of Arts degree in Computer Information Science at St. Edwards University in Austin, TX, graduating with Magna Cum Laude honors.

Dr. Sherman Yu, MD, a Board-Certified Surgeon with the American Board of Surgery, is widely regarded as one of the best weight loss surgeons in the Houston area. Dr. Yu was recently named one of America's Top Surgeons by Consumers Research Council of America and has been recognized as a Centers of Excellence® Surgeon by the Surgical Review Corporation. He also is a member in good standing with the American Society for Metabolic and Bariatric Surgery and was the first surgeon in Houston to perform both the Single Incision Laparoscopic (SILS) gastric sleeve procedure and the SILS adjustable gastric band procedure.

A Houston native, Dr. Yu graduated with High Honors in Chemical Engineering at the University of Texas at Austin. He then earned his medical degree with honors in his surgical rotations from Baylor College of Medicine.

Always Best Care of Central Houston is located at 2929 Allen Parkway #200, Houston, TX 77019 and may be reached by calling (713) 540-6501, or by emailing bnguyen@abc-seniors.com. For more information please visit www.alwaysbestcare-centralhouston.com

For information on Always Best Care franchise opportunities, call toll-free 1-855-430-CARE (2273), contact franchisesales@abc-seniors.com, or visit www.franchisewithalwaysbestcare.com.

####

About Always Best Care

Founded in 1996, Always Best Care Senior Services is based on the belief that having the right people for the right level of care means peace of mind for the client and family. Always Best Care assists seniors with a wide range of illnesses and personal needs, and currently provides more than 4 million hours of care every year. Franchise opportunities are available to individuals interested in leveraging the company's clear strategy and proven track record for delivering affordable, dependable service to seniors in their local areas.

By working with case managers, social workers, discharge planners, doctors, and families, Always Best Care franchise owners provide affordable, comprehensive solutions that can be specifically matched to meet a client's particular physical or social needs. The hallmark services of the Always Best Care business portfolio include non-medical in-home care and assisted living finder and referral services, with skilled home health care now being phased in throughout the country. For more information, visit www.AlwaysBestCare.com. For franchise opportunities, visit www.FranchiseWithAlwaysBestCare.com.

Always Best Care also offers *Free ABC Rx* cards, which provide discounts of up to 65 percent off the cost of prescription drugs at more than 59,000 pharmacies across the USA, and have saved consumers more than \$500,000 since its inception. This service is offered at no cost to the users, there are no deductibles, no waiting periods, no pre-existing exclusions, and no eligibility requirements -- *everyone* can use the card (even family members and pets!). The *Free ABC Rx* card covers many medications that Medicare Part D and regular insurance often do not. To download a free card, visit www.FreeABCRx.com.

Another exclusive program offered by Always Best Care is *Always in Touch*, a telephone reassurance program that provides a daily phone call to seniors and disabled adults who are living alone and have limited contact with the outside world. Always in Touch is the *only* absolutely free national telephone reassurance program of its kind anywhere in the USA and Canada. For more information on Always in Touch, or to request an application, visit www.Always-in-Touch.com.