

Always Best Care Senior Services of Basking Ridge Newsletter | December 2021



Do You Know the Warning Signs of an Infection?

Infections are some of the leading causes of hospitalizations in seniors and account for roughly one-third of senior deaths. These conditions can be challenging to diagnose because seniors do not always present the classic symptoms, such as fever or pain. Whether in the hospital, in an assisted living facility, out in the community, or at home, certain steps for older adults can be taken to improve infection prevention. For more information on how to prevent infections, please contact us at 908-484-1600 to keep your senior safe.



Infection Prevention Tips for Seniors

With aging, the immune system naturally weakens, putting seniors at increased risk of illness and infection. In addition, many seniors also have other health conditions that can make them more susceptible. Whether in the hospital, an assisted living facility, out in ... <u>Read Article</u>



5 Common Infections in Older Adults

According to the American Academy of Family Physicians, "Infectious diseases account for one-third of all deaths in people 65 years and older." That is why infection prevention and early detection are key to reducing risk and keeping seniors as healthy as possible. ... <u>Read Article</u>



About Our Services

Since 1996, Always Best Care has helped families with nonmedical in-home care and assisted living placement services. With Always Best Care, every client receives extraordinary care in an inspiring environment with caring people. Our Care Coordinators have worked with thousands of seniors across the country. We're here to serve you!

Visit our Website



Always in Touch

A friendly phone call each weekday for seniors and disabled adults. Always in Touch provides daily socialization and the reassurance that the senior "is not alone." Click the link below to enroll.

Veterans Program

Many Veterans and their Surviving Spouses do not know about potential entitlements to VA benefits. Always Best Care can provide the resources to obtain the VA Benefits they are entitled to receive.

Enroll Today!

Learn More



December Recipe: Holiday Chicken Salad

A great festive chicken salad for the season. You can serve this as an appetizer on crackers, in lettuce cups, or on bread to make a delicious holiday chicken salad sandwich.

Start Cooking











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