



Always Best Care senior services®

Always Best Care Senior Services of Basking Ridge Newsletter | January 2022



It's Time to Re-evaluate Your Senior's Care Plan

The New Year usually starts with setting resolutions such as joining a gym or eating better. Unfortunately, most of these resolutions are forgotten in a matter of weeks, but if you have a senior receiving care it's actually a perfect time to re-evaluate their healthcare needs. From scheduling medical appointments to re-evaluating medications to updating an emergency contact plan. These all need to be evaluated periodically, and there is no better time than the beginning of the year. If you are unsure of how to get started, please contact our office at 908-484-1600 and we would be happy to assist. We look forward to working with you in 2022!



New Year's Resolutions for Seniors and Caregivers

As a new year begins, it is a time for seniors and caregivers alike to reflect on the past year and set themselves up for greater success in the months ahead. One major task is re-evaluating healthcare needs and ensuring ... [Read Article](#)



The Difference Between Medical and Non-Medical In-Home Care?

When it comes to aging in place, there are a variety of resources available to provide support for seniors. However, many people are unsure about differences between services, especially when it comes to medical and ... [Read Article](#)



About Our Services

Since 1996, Always Best Care has helped families with non-medical in-home care and assisted living placement services. With Always Best Care, every client receives extraordinary care in an inspiring environment with caring people. Our Care Coordinators have worked with thousands of seniors across the country. We're here to serve you!

[Visit our Website](#)



[Always in Touch](#)

A friendly phone call each weekday for seniors and disabled adults. Always in Touch provides daily socialization and the reassurance that the senior "is not alone." Click the link below to enroll.

[Enroll Today!](#)



[Veterans Program](#)

Many Veterans and their Surviving Spouses do not know about potential entitlements to VA benefits. Always Best Care can provide the resources to obtain the VA Benefits they are entitled to receive.

[Learn More](#)



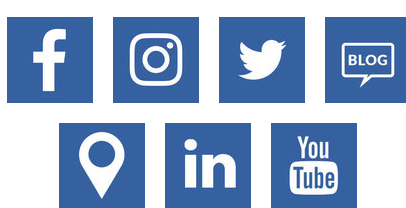
January Recipe: Winter Cranberry Baked Pork Tenderloin

Rotisserie-seasoned pork tenderloin is baked in foil with cranberries and onions for an easy and elegant winter dinner.

[Start Cooking](#)



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