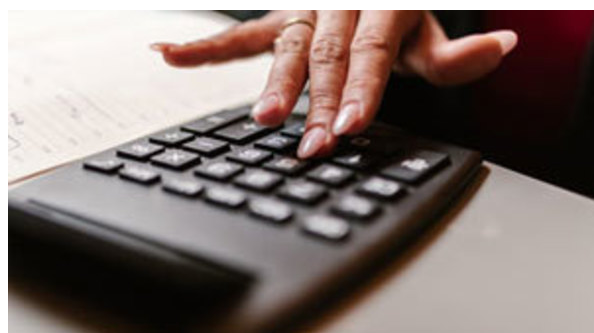




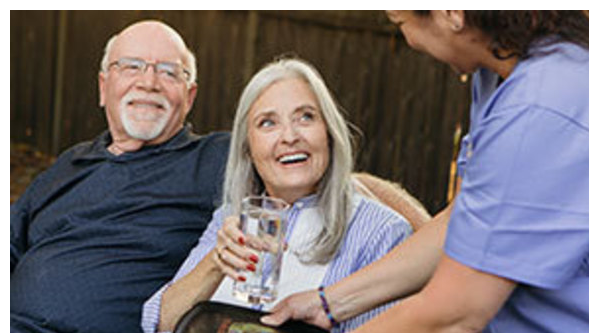
Senior Care May Be More Affordable Than You Think...

Aging in place is going to be an even hotter topic as the Baby Boomer generation continues to care for their loved ones. We already know many seniors prefer to stay in their own homes and the Baby Boomer generation is going to magnify that need for in-home care. Modern medicine, telehealth and personal wealth is going to prolong seniors to stay in the place they call home. Therefore, in-home care can be a valuable resource to investigate sooner rather than later. This month's article sheds light on this and some options for funding in-home care. If you need advice, please call us at 908-484-1600 and we would be happy to assist.



Making In-Home Care More Affordable

Many seniors prefer to stay in their own homes for as long as possible. It is comfortable and familiar. It is filled with memories. They may have already paid off their mortgage. But as they get older, living alone can become more challenging and unsafe. Sometimes ... [Read Article](#)



4 Ways to Help your Aging Parent Maintain Their Independence

One of the joys of being an adult is having the freedom to do as you please. Many seniors prefer to age in place in order to maintain as much of their independence as possible. But with aging, some tasks can become more difficult. You may worry about your aging parent's safety in ... [Read Article](#)



About Our Services

Since 1996, Always Best Care has helped families with non-medical in-home care and assisted living placement services. With Always Best Care, every client receives extraordinary care in an inspiring environment with caring people. Our Care Coordinators have worked with thousands of seniors across the country. We're here to serve you!

[Visit our Website](#)



Always in Touch

A friendly phone call each weekday for seniors and disabled adults. Always in Touch provides daily socialization and the reassurance that the senior "is not alone." Click the link below to enroll.

[Enroll Today!](#)



Veterans Program

Many Veterans and their Surviving Spouses do not know about potential entitlements to VA benefits. Always Best Care can provide the resources to obtain the VA Benefits they are entitled to receive.

[Learn More](#)



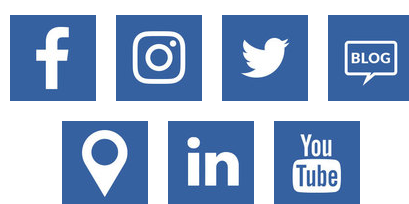
June Recipe: Grilled Fish Tacos

If you like fish tacos and the chipotle-lime combination in a dip, you'll love this recipe. Choose toppings to suit your taste, or include typical accompaniments such as salsa fresca, cabbage, a squeeze of lime juice, and chopped cilantro.

[Start Cooking](#)



ACHC ACCREDITED



Always Best Care
senior services®
Always Best Care Basking Ridge
233 Mt. Airy Road, Suite 100
Basking Ridge, NJ 07920
(908) 484-1600

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove®

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

233 Mt. Airy Road Suite 100
BASKING RIDGE, NJ | 7920 US

This email was sent to .

To continue receiving our emails, add us to your address book.



[Subscribe](#) to our email list.