



Living With a Chronic Disease Can Be Stressful...

Life is like a roller coaster filled with lots of ups and downs. We all hope for a long healthy life, yet sometimes we can hit a roadblock. Living with a chronic or progressive disease can be very stressful for those individuals, and for those taking care of them. In-home caregivers can offer a source of relief and companionship for seniors by engaging them in conversation, accompanying them on outings, playing games, and reducing loneliness and isolation. If you need assistance with care, please contact us at 908-484-1600.

ALWAYS BEST CARE RESOURCES

Senior Care News & Insights



How Home Care Can Support Seniors with Parkinson's Disease

Parkinson's disease is a chronic, progressive disease that often develops after age 50, but it can affect younger

adults as well. While there is no cure, there are ways to help manage symptoms and improve quality of life. Many patients have mild symptoms to start and are able to continue ...

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Improving Home Safety for Seniors with Alzheimer's Disease

Aging in place is a common desire for seniors. Many prefer to stay in their own home where they are comfortable and know where everything is. They may be resistant to moving in with family or to an assisted living facility, especially if they have lived in their own home for many years. Forcing them ...

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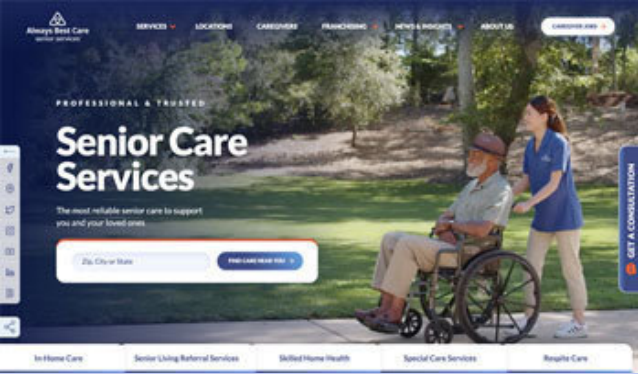


PUBLIC RELATIONS

Always Best Care Launches Website Redesigned to Simplify Connecting with Senior Care Services

Over 65.7 million Americans require health care services annually which can be often difficult to source or access. Always Best Care redesigned their digital presence to facilitate access to senior care services online...

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ABOUT OUR SERVICES

Welcome to Always Best Care of Basking Ridge

Since 1996, Always Best Care has helped families with non-medical in-home care and assisted living placement services. With Always Best Care, every client receives extraordinary care in an inspiring environment with caring people. Our Care Coordinators have worked with thousands of seniors across the country. We're here to serve you!



[Visit Website](#)

SUPPORTING YOUR NEEDS

Special Care Services



Always in Touch

A friendly phone call each weekday for seniors and disabled adults. Always in Touch provides daily socialization and the reassurance that the senior "is not alone." Click the link below to enroll.

[Learn More](#)

Fall Risk Assessment

The Balance Tracking System is a computerized balance assessment tool that provides an objective, accurate and reliable measure of an individual's postural sway. Postural sway is a known indicator of balance ability and is commonly used in fall risk assessment. After an individual is tested there are five results available for interpretation.

[Learn More](#)



Always Best Care senior services®

Always Best Care Basking Ridge

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